


January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CLOSED 	2 Breakfast: Raisin Bran cereal, apple slices, milk Lunch: Fried chicken, mashed potatoes, peaches, bread, milk Snack: Cheddar cubes, WG crackers, water	3 Breakfast: Ham link w/toast, pears, milk Lunch: BBQ meatballs, corn, fruit cocktail, bread, milk Snack: Fruit smoothie, graham cracker, water	4 Breakfast: Cheesy biscuit, peaches, milk Lunch: Turkey sandwich, carrots, banana, milk Snack: Turkey snack sticks, cheezits, water
7 Breakfast: Rice crispy cereal, grapes, milk Lunch: Chicken mac & cheese, green beans, pears, milk Snack: String cheese, wheat thins, water	8 Breakfast: Breakfast burrito, apricots, milk Lunch: Ham steak, mashed potatoes, mandarin oranges, bread, milk Snack: Refried beans w/cheese, corn chips, water	9 Breakfast: Lemon muffin, fruit cocktail, milk Lunch: Baked chicken, corn, peaches, bread, milk Snack: Celery w/sun butter & raisins, milk	10 Breakfast: Sausage patty w/ bagelette, tropical fruit, milk Lunch: Hamburger w/bun, peas, fruit cocktail, milk Snack: Cheese quesadilla, water	11 Breakfast: Cinnamon toast, pineapple, milk Lunch: Ham sandwich, carrots, banana, milk Snack: Animal crackers, clementine orange, water
14 Breakfast: Multigrain cheerios, oranges, milk Lunch: Goulash, green beans, pears, milk Snack: Rice cake w/ sun butter & raisins, milk	15 Breakfast: Sunshine taco, applesauce, milk Lunch: Corndog, baked beans, mandarin oranges, milk Snack: Cheezits, summer sausage, water	16 Breakfast: Pumpkin muffin, pears, milk Lunch: BBQ chicken, mashed potatoes, peaches, bread, milk Snack: Yogurt, berries, water	17 Breakfast: Oatmeal, peaches, milk Lunch: Chicken nuggets, peas, fruit cocktail, bread, milk Snack: Tuna melt w/cheese, water	18 Breakfast: Breakfast pizza, mandarin oranges, milk Lunch: Bologna sandwich, carrots, banana, milk Snack: Goldfish crackers, mozzarella
21 CLOSED 	22 Breakfast: Frosted shredded wheat, apple slices, milk Lunch: Meatballs, mashed potatoes, mandarin oranges, bread, milk Snack: Cheesy breadstick w/marinara, milk	23 Breakfast: Cinnamon streusel muffin, fruit cocktail, milk Lunch: Fried chicken, corn, peaches, bread, milk Snack: Sun butter & jelly sandwich, milk	24 Breakfast: Scrambled egg, hash brown, milk Lunch: Chicken patty, peas, fruit cocktail, bread, milk Snack: Baked granola w/raisins, milk	25 Breakfast: Cinnamon rolls, tropical fruit, milk Lunch: Fish sticks, carrots, banana, bread, milk Snack: Trail mix, milk
28 Breakfast: Raisin bran, grapes, milk Lunch: Chicken spaghetti, green beans, pears, milk Snack: Carrots w/ranch, butter crackers, water	29 Breakfast: Hot ham & cheese rollup, apricots, milk Lunch: Grilled chicken, peas, mandarin oranges, bread, milk Snack: Graham cracker, banana, milk	30 Breakfast: Pancake, pears, milk Lunch: Baked chicken, mashed potatoes, peaches, bread, milk Snack: WG bagel w/ shredded mozzarella, water	31 Breakfast: Breakfast bites, pineapple, milk Lunch: BBQ meatballs, corn, fruit cocktail, bread, milk Snack: Grilled cheese, water	

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